# Drug Information Sheet("Kusuri-no-Shiori")

Internal

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The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

# Brand name: BETAHISTINE MESILATE TABLETS 6mg "CEO"

Active ingredient:Betahistine Mesilate

Dosage form: white tablet, diameter: 6.5 mm, thickness: 2.3 mm

Print on wrapping:ベタヒスチンメシル酸塩 6 mg「CEO」, BETAHISTINE MESILATE 6

mg「CEO」, ベタヒスチンメシル酸塩 6, CEO 701



#### Effects of this medicine

This medicine is a histamine  $H_1$  receptor stimulant (partial agonist) and improves vertigo and balance disorder by increasing the amount of blood in the microcirculation of inner ear.

It is usually used to improve vertigo associated with Meniere's disease/syndrome.

### Before using this medicine, be sure to tell your doctor and pharmacist

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines.
- If you have gastric ulcer, duodenal ulcer, bronchial asthma or pheochromocytoma.
- · If you are pregnant or breastfeeding.
- •If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

#### Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is((
- to be written by a healthcare professional))
- •In general, for adults, take 1 to 2 tablets (6 to 12 mg of the active ingredient) at a time, three times a day after meals. The dosage may be adjusted according to the disease, age or symptoms. Strictly follow the instructions.
- If you miss a dose, take the missed dose as soon as possible. However, if it is almost time for the next dose, skip the missed dose and follow your next dosing schedule. You should never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- •Do not stop taking this medicine unless your doctor instructs you to do so.

#### Precautions while taking this medicine

### Possible adverse reactions to this medicine

The most commonly reported adverse reactions include rash, nausea and vomiting. If any of these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

No pertinent entries.

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

## Storage conditions and other information

- •Keep out of the reach of children. Store away from direct sunlight, heat and moisture.
- •Discard the remainder. Do not store them.

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For further information, talk to your doctor or pharmacist.